



Aging Mastery Program® Elective Class “Communicating with your doctor”



For anyone interested in learning what the
Aging Mastery Program is all about
and AMP grads who want to learn more!

This class will help you to:

- ↔ Understand the importance of preparing for a doctor visit.
- ↔ Discover strategies to help prepare for a doctor visit.
- ↔ Learn from a medical professional as well as from each other.

Tuesday, February 27, 2024

3:00 – 4:30 PM

Wexford Place Retirement Community

6500 N. Cosby Avenue, Kansas City MO, 64151

Option to join us in-person or virtually!

Class is free but you must register!

Contact Paula Zigmund, 816-455-4800 or paula@claycoseniors.org

