

(Clay County Senior Services does not control or endorse any of the above agencies; they are only suggested resources.)

- Clay County Senior Services has a *Caregiver Directed Respite Program*. Full-time primary caregiver must live in the home with the care recipient. You choose your own respite worker and get reimbursed for up to 6 hours per week. Call 816-455-4800 for income guidelines.
- Check eligibility for in-home services, food stamps, or MO Health Net by calling Department of Health & Senior Services at 855-373-4636. Automated line to check status: 1-800-392-1261. You can also download an application (health.mo.gov/seniors) or actually go to the Medicaid office at 7000 Liberty Drive in Liberty. Income and asset restrictions apply.
- Inquire about programs & services through MARC Aging & Adult Services: care management, caregiver support, in-home services, transportation, and more. 816-421-4980; marc.org.
- To find out if you can get paid as a family caregiver (Consumer Directed Service through Medicaid), contact Dept. of Health & Senior Services at 855-373-4636.
- If you or your spouse is a veteran:
 - ✓ Contact KC VA Veteran Directed Care to determine eligibility for self-directed care in the home: 816-861-4700 X 52158.
 - ✓ You can also see the website: va.gov/service-member-benefits/
- If you are looking for adult day care / respite care, consider these options:
 - **Northland Shepherd's Center** has "BreakTime Club," for older adults who are able to function in a group setting and perform the activities of daily living with minimal assistance. Tuesdays, from 9:00 to 2:00 with scheduled programming from 10:00 to 1:30. 5601 NE Antioch Rd, suite 12, Gladstone. Call 816-452-4536 for more information.
 - **Northland Adult Day Center LLC**, 1613 Swift Ave, North Kansas City, MO 64116 816-844-3955 www.northlandadc.com ; VA and Medicaid approved site. Full day and half day programs for adults age 18+ who need assistance or require supervised care in a protective setting during daytime hours.
- Private pay options for home care services through any of these agencies:
 - Assured Health Care 816-415-8200
 - Thoughtful Care 816-471-5151
 - First Light Home Care 913-203-7444
 - Focus Health Care 816-628-5303
 - Home Instead 816-792-8077
 - Right at Home 816-453-2000
 - Senior Helpers 816-455-9300
 - Advantage Home Care 816-637-2556
- ✚ If your family needs to consult with a geriatric care manager to discuss care options for an older adult, (for a fee), you can contact:
 - AB Case Management: 816-222-4520
 - Creative Care Consultants: 816-746-1208
 - Age-Wise Advocacy & Consulting: 913-213-8799 or <https://agewisekc.com>