

Suggested places to look for a caregiver

- ◇ Through word of mouth: friends, your community, and non-profit senior organizations. Ask other caregivers for referrals.
- ◇ On-line employment listing services, newspaper advertisements and public bulletin boards.
- ◇ Local colleges: nursing programs, home health aide and certified nursing assistant programs are good sources of available talent.
- ◇ Home Care Agencies: contact agencies that assist displaced in-home care workers.



For more information about this program, please call:

Clay County Senior Services
816-455-4800

Northland Shepherd's Center
816-452-4536



Caregiver Directed Respite Program

Offering choice to the primary caregiver and care recipient in the selection of their respite care workers.



What is caregiver directed respite?

The *Caregiver-Directed Respite Program* supports primary caregivers in finding their own respite care worker, as well as being responsible for hiring, firing, payroll taxes, and all aspects of being an employer. A community aging specialist will assist you in the process.

The caregiver will be reimbursed for up to 6 hours of weekly respite care.



Program guidelines

Determination of eligibility for this program will be conducted during a formal assessment by a social worker.

- ◆ Care recipient(s) must be age 60 years of age or older.
- ◆ Care recipient(s) cannot be eligible for Home & Community Based Services (HCBS) if they have Medicaid.
- ◆ Full-time primary caregiver must live in the home with the care recipient. This can be a spouse or other family member.
- ◆ Primary caregiver must demonstrate the cognitive ability to carry out duties of hiring and supervising a respite care worker.
- ◆ For an individual care recipient, net monthly income must not exceed \$3778. For a couple, net monthly income must not exceed \$5112.

Guidelines (continued)

- ◆ Respite care worker must be 18 years of age or older.
- ◆ Respite care worker may provide supervision, light housekeeping, meal preparation, companionship.



What our clients say about CDRP:

- * "I knew I needed to get some extra help when something as simple as going to get a haircut couldn't be done. I'm going to use this respite time for weekly selfcare so I can better care for my brother."
- * "Between my brother, sister and myself, we have done pretty good at helping dad... but have realized sometimes we need a break to do other things. This program will allow us the flexibility to match our needs."