

needs and remain in your home benefits and services to help meet your Platte Counties, regardless of income, to connecting older adults in Clay and Northland Shepherd's Center is

- Financial benefits
- Care coordination
- Medicare assistance
- Caregiver support
- Other services

****** You may qualify for benefits.

Aging Specialists:

- Create a personalized plan based on individual needs and goals
- Provide assistance in accessing identified services.

By appointment only

For more information call:

816-452-4536

informative. She calmed my frustrations and eased my ignorance. She provided hope that things would work out." "She was beyond helpful and

Northland Shepherd's Center

SERVICES:

Benefits Counseling Call Check Care Call

Care Coordination Caregiver Support CLAIM

Friendly Visitor Grief and Loss

Healthcare Advocate

Minor Home Repair Market Bus

Personal Grocery Shopper

Senior Information Center

Transportation

LIFE ENRICHMENT:

Adventures in Learning Learning & Laughter Together We Care Healthy Lifestyles Just for Fun Tours **Break Time Club**

Improving quality of life for older adults in the Northland

Community Aging Specialists

Kansas City. MO 64119 4805 NE Antioch Road Suite 9 Northland Shepherd's Center

Phone: 816-452-4536

www.northlandsc.org Fax: 816-452-5326

appointments Office and home



Northland Shepherd's Center delping servina Jhaine

Northland Shepherd's **Aging Specialists**



We connect you to benefits and services that help you remain in your home. meet your needs and

816-452-4536

Community Aging Specialists

Includes, but not limited to...

Trancial Benefits:

Access benefits for expenses:

- Utility bills
- Prescription drugs
- Medicare premiums
- Groceries
- Home weatherizationand more!

Since 2010 Northland Shepherd's Center has helped seniors receive over

3.9 milion dollars

in benefits!

Information and Referral:

We collaborate with local organizations to connect participants to resources.

"She was very helpful, took time for questions and knowledgeable...an asset above and beyond I knew where to go for further help."

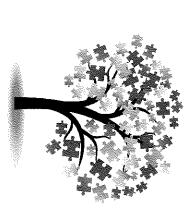
Health Care Advocate:

For older adults with multiple health conditions, we assist them in managing their health care needs. The advocate works to:

- Improve healthcare outcomes
- Reduce hospitalizations and emergency room visits
- Facilitate communication with healthcare providers and family members
- Help participants meet their healthcare goals.

Care Coordination:

Working to make sure the participant has what they need to access care.



Caregiver Support

- Quarterly caregiver support meeting
- Monthly newsletter
- Individua support

Powerful

oos to

Together We Care

Caregivers:

A 6 week evidence based program that teaches the importance of good self-care and how to achieve it.

- Communication strategies
- Managing stress
- Dealing with your feelings
- Making action plans

Certified Medicare counselors with the State Health Insurance Assistance program provide:

- Free, unbiased information
- Understand all your options
- Choosing & enrolling in coverage
- Billing & appeals