

# ABOUT THE PROGRAM

The Missouri Senior Farmers' Market Nutrition Program (MoSFMNP) provides benefit vouchers to low-income seniors (60 years of age or older) residing in one of 46 Missouri counties. Eligible seniors receive 10 vouchers (\$5 each), totaling \$50 annually.

Vouchers can be exchanged for eligible foods at a farmers' market or roadside stand with an authorized farmer.

**- Benefit vouchers issued to eligible participants:** June 1-Sept. 30.

**- Participants can redeem vouchers:**  
June 1 - Oct. 31.

*The program will run  
June 1-Oct. 31.*

## REQUIRED DOCUMENTATION

**Age Verification** (one of the following)

1. Driver's License
2. Birth Certificate
3. Passport
4. State ID

**Income Verification** (one of the following)

1. Maximum gross household income of not more than 185% of the annual federal poverty level.
  - Pay stub, income statement, W-2, tax return, SSI or bank statement
2. Participate in Missouri's Supplemental Nutrition Assistance Program (SNAP)
  - Must show current proof at time of application

3. Participate in the Community Supplemental Food Program (CSFP)

**Residency Verification** (one of the following)

1. Utility bill
2. Paycheck
3. Bank statement
4. Government-issued check
5. Paid property tax receipt
6. Housing rental contract

## Senior Farmers' Market Nutrition Program Local Agency Contact

**St. Louis Area  
Aging Ahead AAA Office**  
Call: (636) 207-0847

**Mid-Missouri Area  
Aging Best AAA Office**  
Call: (573) 443-5823

**Kansas City Area  
MU Extension**  
Call: (816) 380-8460

**Southwest/South Central Area  
SeniorAge AAA Office**  
Call: (417) 862-0762



[www.MissouriGrownUSA.com](http://www.MissouriGrownUSA.com)

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# SENIOR FARMERS' MARKET NUTRITION PROGRAM

*Participant Requirements*



**Mid-Missouri Area**  
**Aging Best AAA Office**

Audrain  
Boone  
Callaway  
Camden  
Cole  
Cooper  
Crawford  
Dent  
Gasconade  
Washington

Howard  
Laclede  
Maries  
Miller  
Moniteau  
Morgan  
Osage  
Phelps  
Pulaski

**Kansas City Area**  
**MU Extension**

Cass  
Clay  
Jackson  
Platte  
Ray

**St. Louis Area**  
**Aging Ahead Office**

Franklin  
Jefferson  
St. Charles  
St. Louis City  
St. Louis County

**Springfield Area**  
**SeniorAge AAA Office**

Barry  
Christian  
Dade  
Dallas  
Douglas  
Greene  
Howell  
Lawrence  
Wright

Oregon  
Ozark  
Polk  
Shannon  
Stone  
Taney  
Texas  
Webster

***Vouchers can ONLY  
be redeemed at a  
farmers' market or  
roadside stand!***

# Locally Grown

*defined as within the state of Missouri*



## FRUITS (fresh and unprocessed)

*Examples include:*

apples, blackberries,  
blueberries, cherries,  
elderberries, gooseberries,  
grapes, melons, peaches, pears,  
raspberries and strawberries



## HONEY (pure/raw)

*Examples include:*

comb honey, liquid honey,  
naturally crystallized honey  
and honey sticks

## *Ineligible Foods*

- Products grown outside Missouri
- Dried fruits or vegetables
- Meats, seafood, eggs, cheese, processed goods or baked goods
- Potted fruits, vegetables or herbs
- Wild rice, nuts of any kind, maple syrup, cider, seeds and flowers



## VEGETABLES (fresh and unprocessed)

*Examples include:*

asparagus, beans, beets,  
broccoli, cabbage, carrots,  
cauliflower, celery, corn,  
cucumbers, eggplant, greens,  
kale, kohlrabi, leeks, lettuce,  
mushrooms, okra, onions, peas,  
peppers, potatoes, pumpkins,  
radishes, rhubarb, rutabaga,  
salad mixes, spinach, squash,  
tomatoes, turnips and zucchini



## COOKING HERBS (fresh cut)

*Examples include:*

basil, chives, cilantro, dill,  
fennel, garlic, marjoram,  
mint, oregano, parsley,  
rosemary, sage, savory,  
tarragon and thyme

