

2015 ANNUAL REPORT TO THE CITIZENS OF CLAY COUNTY

Our vision for Clay County is that we are a community that values productive, healthy living for citizens of all ages. Each year we continue to strive to realize our vision with effective collaboration with our partners. This year, we began work on several new initiatives. The Kansas City Communities for All Ages (CFAA) is an initiative of the Mid-America Regional Council (MARC) to prepare cities for our growing aging population. CCSS has provided incentive grants to six municipalities to work with MARC to assess and implement strategies to earn the recognition as a "Community for All Ages" city.

Our second initiative is a Falls Prevention Program with Clay County EMS/FIRE departments. Kearney and Gladstone departments have received falls prevention training and an understanding of resources to assist our citizens that are at risk for falls. We plan to expand this partnership throughout Clay County.

We are also pleased to be collaborating with the North Kansas City Hospital Aging in Place program. This project brings together multiple organizations to provide care coordination and resources to assist seniors to age safely in their own community.

Clay County is truly a wonderful place to grow old and as you review this report, you will see the spirit of collaboration working to improve the quality of life for our seniors.

Sincerely,



Robert Steinkamp
Robert Steinkamp
Board Chairman

Tina Uridge
Tina Uridge
Executive Director

BOARD & STAFF

2015 Board



FRONT ROW:

Melissa Wilson, *Treasurer*
Su Bacon

Tina Uridge, *Executive Director*
Edward O'Herin, *Secretary*

BACK ROW:

Bob Nance
Michael Maher, *Vice Chair*
Bill Dane
Robert Steinkamp, *Chair*

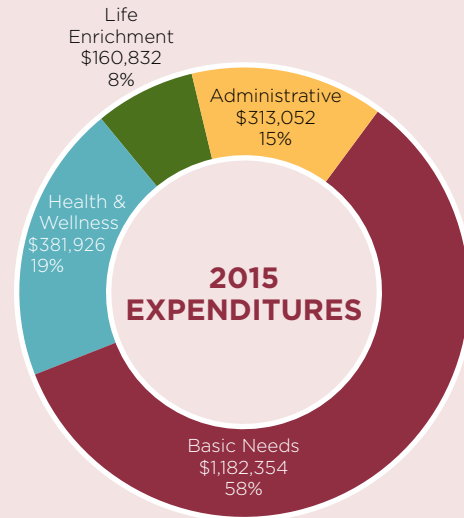
Staff



Tammy Gillispie, *Office Coordinator*
Tina Uridge, *Executive Director*
Paula Zigmund, *Program and Resources Manager*
Carolyn Foxworthy, *Operations Administrator*

2015 FINANCIALS

Total Revenue	\$1,860,205
Total Reserve Funds Used	\$177,959
Total Expenses	\$2,038,164
Net Income	0



Basic Needs	\$1,182,354
Adult Day Health	\$27,600
Care Management	\$150,133
Homemaker / Personal Care	\$432,147
Respite	\$58,821
Minor Home Repair	\$104,250
Meals On Wheels	\$28,200
Personal Emergency Response	\$104,056
Transportation	\$277,147
Health & Wellness	\$381,926
Exercise Initiative	\$40,840
Caregiver Training	\$14,000
Exercise Programs	\$107,894
Senior Centers-Operations	\$153,805
Senior Centers-Capital	\$2,265
Preventive Health	\$38,500
Public Education	\$397
Senior Companion	\$24,224
Life Enrichment	160,832
Advocacy	\$60,191
Education	\$83,286
Life Bio	\$625
Program Development	\$1,250
Civic engagement	\$15,480
Administrative	\$313,052



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Our Vision:

Clay County is a community that values productive, healthy living.

Our Mission:

Clay County Senior Services will support and value the well-being of our senior adults by serving as the resource delivery agency and by providing a broad range of services to promote wellness—physical, emotional, and intellectual.

The board of directors and staff will accomplish this through responsible management, advocacy, and collaboration, thereby improving the quality of life of our seniors.

Our Core Values:

- Honor, value, and respect all
- Levy fund stewardship and accountability
- Innovative programming
- Integrity and excellence



Clay County Commissioners' proclamation for May as Older Americans Month



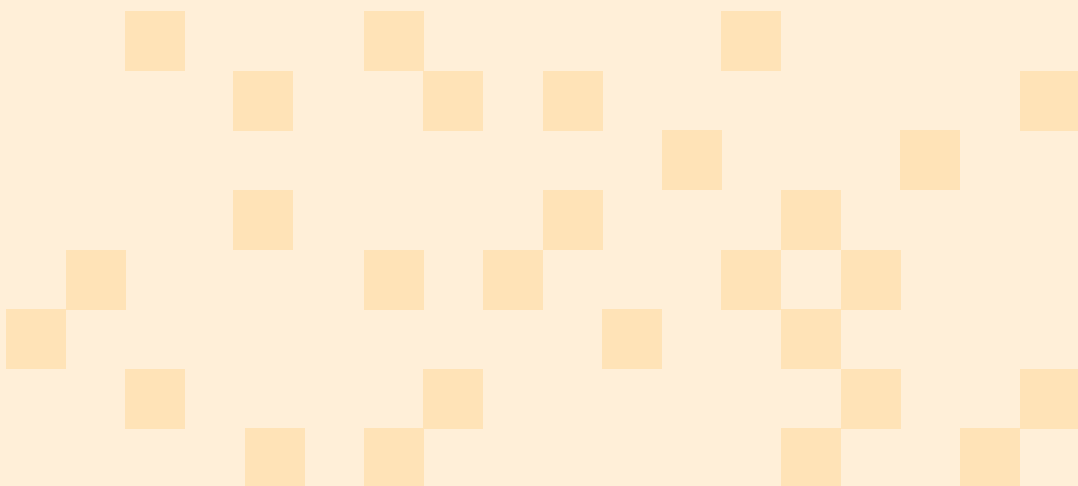
Clay County

SENIOR SERVICES

WORKING TO IMPROVE THE QUALITY OF LIFE FOR OUR SENIORS



2015 ANNUAL REPORT



One Way
Rides provided:
7779



2015

Personal Emergency Response



System served
1,190
seniors

Partnerships

The *Link-AGE* program through the Northland Shepherd's Center is a benefits and counseling program. In 2015, 115 older adults received benefits and financial assistance valued at \$937,790. Over 462 seniors received insurance counseling benefits. Other programs offered by the Northland Shepherd's Center include: Matter of Balance & PEPPi, Minor Home Repair, Transportation, Adventures in Learning, Breaktime Club and Learning & Laughter.

"It's evident to me that without someone to advocate for them, my clients that are in pain or financial distress often do not have the energy or the wherewithal to successfully navigate the system and, therefore, many seniors would go without critically needed care and/or assistance. My resolve as an advocate is to help my clients live better if at all possible." Miranda, Social Worker

Smithville, Kearney, and Liberty Senior Centers offer meals and activities to an average of 40 seniors attending each day.



CCSS provides partial funding to support the following home delivered meals programs: Northland Meals on Wheels, the cities of Smithville & Kearney Meals on Wheels.

North Kansas City Schools' Senior Tax Exchange Program (STEP) is an intergenerational program that pairs school volunteers with students to thrive and succeed in school. Our funding allows an additional 10 volunteers to participate in the program.

The University of Missouri Extension—Clay County, Northland GrandFamilies program experienced significant growth and awareness this past year. Many referrals were made to community partner agencies for 61 seniors. Communication with schools and churches expanded. 12 support group meetings were held with a total of 170 people attending those meetings.



About 175 people attended the 3rd annual GrandFamilies Conference that featured a keynote speaker, information tables, and break-out workshops.

256
home repair jobs and
safety modifications
were completed



243
seniors received
housekeeping,
personal care,
respite, and care management

660

seniors enjoyed
learning opportunities
through our education scholarships



HIGHLIGHTS

The Rural Senior Advocate Program through the Good Samaritan Center assisted over 400 seniors with home visits, transportation to medical appointments, paperwork assistance, and access to information about benefits they may be eligible to receive.

Through Tri-County Older Adult Mental Health Program, 164 older adults, professionals and caregivers attended a variety of educational forums regarding senior mental health and aging. In addition, 71 older adults accessed care coordination for individualized consultation, therapy referral, and crisis intervention.

CCSS is an active member of the Senior Falls Prevention Coalition of Clay and Platte Counties. We have entered into formal partnerships with Gladstone and Kearney EMS/Fire Departments to provide falls prevention training and resources to integrate into their procedures when responding to an older adult that has had a fall. The coalition continues to do outreach with health care providers and hospitals to distribute the CDC's STEADI (Stopping Elderly Accidents, Deaths, and Injuries) toolkit and to inform them of the falls prevention programs and resources in our area. *Together we can raise awareness to prevent falls!*



The Senior Companion Program, offered through Shepherd's Center Central, with hosting sites at Northland Shepherd's Center and Good Samaritan Center, trained 8 companions in 2015. The companion helps older adults maintain their independence in their own homes by assisting with daily living tasks and providing friendship. High satisfaction was reported from the 17 seniors who received supportive, individualized services.

New Programs!

Assistance League of Kansas City -The Senior Outreach Services provided friendship, support, and special programming to 3070 participants in eight Clay County senior care facilities. Volunteers prepared and sent cards to over 1200 residents. CCSS' grant also helped support the "Music and Memory" program to two care centers to provide iPods with familiar and soothing music.



CCSS has partnered with the Mid-America Regional Council (MARC) and the Kansas City Communities for All Ages (CFAA) program to provide incentive grants and technical assistance to guide six Clay County municipalities to assess their city policies and incorporate strategies to be recognized as a community for all ages. To date, the cities of Liberty, Gladstone, Excelsior Springs, and Kearney have begun the CFAA process.

At the Kearney Firehouse Tech Café, an average of 46 seniors visit the Firehouse monthly to gain computer confidence and build technology skills. They are connecting with long distance family and friends via Facebook as well as enjoying "live" activities in an intergenerational setting.

North Kansas City Hospital Aging in Place Community Partnership Program is a new initiative to support Northland residents with chronic illnesses to live and thrive in their own home and community after a hospital discharge with community-based services.



Leadership:

CCSS was created with funding from the Senior Services Tax Fund and each year the 49 Missouri Counties that have this funding are invited to the annual Missouri Senior Services Tax fund meeting. CCSS organizes this annual meeting each year to share information with other counties that are interested in getting the senior tax fund to the ballot as well as the most pressing issues and trends facing Missouri seniors. *Our vision is that Missouri communities continue to thrive because of a vibrant senior population.*



Thanks to the following partner agencies:

- Assistance League Kansas City
- Assisted Transportation
- Barr Private Care
- Catholic Charities of Kansas City-St. Joseph, Inc.
- City of Excelsior Springs
- City of Gladstone Community Center
- City of Kansas City, Missouri
- City of Liberty
- City of Smithville
- Clay County Government
- Excelsior Springs Area Career Center
- Good Samaritan Center
- Integrity Home Care
- Kansas City Art Institute
- KC Communities for all Ages
- Kearney Senior Center
- Kearney Meals on Wheels
- Kearney Enrichment Council
- Metropolitan Community Colleges--Maple Woods
- Mid-America Regional Council
- North Kansas City Hospital
- North Kansas City School District
- North Kansas City YMCA
- Northland Meals on Wheels
- Northland Neighborhoods, Inc.
- Northland Shepherd's Center
- OATS, Inc.
- Park Hill School District—Community Education
- Philips Lifeline Systems
- Rebuilding Together Clay County
- Saint Luke's Northland Hospital—SHAPE Fitness
- Sally King Consulting
- Senior Falls Prevention Coalition of Clay and Platte Counties
- Senior Learning Network
- Senior Link
- Shepherd's Center Central
- Smithville Senior Center
- Tiffany In-Home Services
- Tri-County Mental Health Center
- University of Kansas—Osher Lifelong Learning Institute
- University of Missouri—Clay County Extension Center
- University of Missouri Kansas City—School of Nursing

228

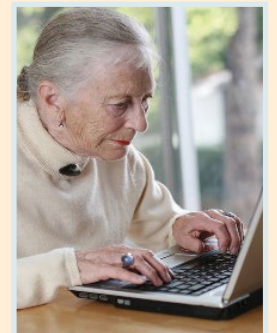


lifelong learners attended classes through KU/Osher Institute

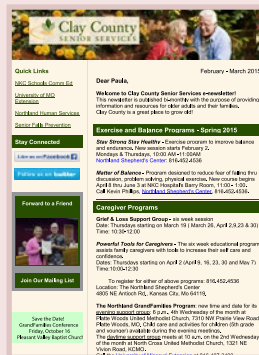


4000
senior adults stayed physically active with exercise incentives

6000
plus information requests were answered by phone, email, and in person



400
seniors subscribed to our bi-monthly E-newsletter



Seniors received
\$937,790
in benefits assistance through Northland Shepherd's Center's Link-AGE program