















#### 2014 ANNUAL REPORT TO THE CITIZENS OF CLAY COUNTY

2014 marked Clay County Senior Services' 10th anniversary. We celebrated this milestone by bringing cake, door prizes and information about our agency to six community sites and hosting over 360 people. You will see photos from our celebrations on the following pages.

Over the last decade, CCSS has increased the number of seniors served with an expanded range of programs including home repair, exercise, life-long learning opportunities, mental health support and more. In 2005, we collaborated with fourteen agencies to deliver services and today we have forty-three agencies that we contract with or award grants to that serve our seniors. Over the years, our funding has increased the capacity of important programs like Northland Meals on Wheels and Northland Shepherd's Center, supporting their mission and serving more people.

Since CCSS was established, we have provided funding to develop the Kearney Senior Center and most recently in 2014, the Smithville Senior Center, which moved into a newly renovated building in downtown Smithville. Since opening, the Smithville Senior Center has experienced an increase in attendance with an average of 46 seniors per day. The development of the new facility in Smithville was a joint venture between the City of Smithville, the Smithville Senior Center and CCSS. As a result of this partnership, this project was awarded the Keystone Award by the Clay County Economic Development Council which all of the partners were delighted to accept.

On behalf of our board and staff, we thank the taxpayers of Clay County, the Clay County Commissioners for their support and our community partners who have helped make our decade of serving Clay County seniors a success.

We look forward to our next decade!

Sincerely,

Robekt⁄ Steinkamp Board Chairman

June Widge

Tina Uridge Executive Director

#### **BOARD & STAFF**

#### 2014 Board



BACK ROW: Robert Steinkamp, Chair Bill Dane MIDDLE ROW: Michael Maher, Vice Chair Jim Nelson Bill Randles

#### FRONT ROW:

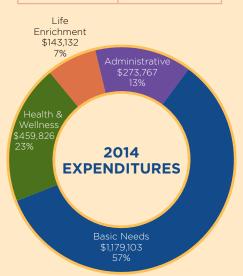
Melissa Wilson, Treasurer Edward O'Herin, Secretary Tina Uridge, Executive Director



Tammy Gillispie, Office Coordinator Tina Uridge, Executive Director Paula Zigmond, Program Coordinator Carolyn Foxworthy, Operations Administrator

#### **2014 FINANCIALS**

Total Revenue	\$1,882,912
Total Reserve Funds Used	\$172,917
Total Expenses	\$2,055,828
Net Income	\$0



Basic Needs	\$1,179,103
Adult Day Health	\$27,600
Care Management	\$158,681
Homemaker / Personal Care	\$454,506
Respite	\$65,664
Minor Home Repair	\$110,500
Meals On Wheels	\$22,021
Personal Emergency Response	\$96,139
Transportation	\$243,992
Health & Wellness	\$459,826
Exercise Initiative	\$27,030
Caregiver Training	\$13,000
Exercise Programs	\$69,774
Senior Centers-Oper- ations	\$175,015
Senior Centers-Capital	\$136,000
Preventive Health	\$29,184
Public Education	\$1,073
Senior Companion	\$8,750
Life Enrichment	143,132
Advocacy	\$63,923
Education	\$58,958
Life Bio	\$625
Volunteer Program	\$501
Civic engagement	\$11,575
Program Development	\$7,550
Administrative	\$273,767



clients received in-home services that included housekeeping, personal care, and respite.



211 older adults had

237

ramps built, gutters cleaned, safety rails installed, minor plumbing & electrical issues resolved.



**4100** seniors exercised regularly using our scholarships.





our services through presentations, information tables, and brochure distribution.

11000 seniors received the handy red emergency info packet called File of Life.

<b>FILE OF LIFE</b>		
	Name: Address:	
Doctor:	Phone#:	
E	MERGENCY CONTACTS	
Name:	Phone#:	
Address:		
Name:	Phone#:	
Address:		

# 2014

## **Partnerships**

Community dwelling older adults have received \$826,674.00 in benefits and financial assistance through the *Link-AGE* program. *Link-AGE* is a benefits counseling and advocacy program developed by **Northland Shepherd's Center** through funding from **Clay County Senior Services (CCSS)**.

The range of programs that the **Northland Shepherd's Center** offers are keeping seniors active and thriving. Our grant funds support the exercise programs *Matter of Balance & PEPPI*, minor home repair, transportation, *Adventures in Learning, Breaktime Club and Learning & Laughter.* 

With our funding, the Smithville Senior Center moved to a permanent site with an average of 48 seniors attending each day. The Center was developed through a partnership between the City of Smithville and CCSS. We were honored to accept the Clay



County Economic Development Council's Keystone Recognition Award in 2014 for this asset to the community.

The University of Missouri Extension-Clay County and the *Northland GrandFamilies* program continues to grow with 229 clients attending support groups and receiving information and resources to assist with their care respon-



sibilities. The 2014 GrandFamilies Conference was held in Clay County with 147 attending. A highlight of the conference was a panel of four grandparents and one grandchild sharing their individual stories and different experi-

ences in raising their grandchildren. Missouri State Representative Ken Wilson was recognized at the conference as a champion of Missouri GrandFamilies.

**The Good Samaritan Center** assisted over 400 seniors with home visits, transportation to medical appointments, paperwork assistance, and information about benefits through the *Rural Senior Advocate Program*.

## HIGHLIGHTS



Through **Tri-County Mental Health Services**, 94 older adults, professionals and caregivers attended a variety of educational forums regarding senior mental health and aging. In addition, 84 older adults accessed care coordination for individualized consultation, therapy referral, and crisis intervention. *Ms. Adams was a recent widow and was struggling with severe grief and depression.* 

She had lost all of her physical belongings and was staying with friends. The therapist was able to assist Ms. Adams with grief counseling and case management to find new housing and entitlements. With the guidance of her therapist, Ms. Adams has become active at a local community center as well as began babysitting a child in her neighborhood.

**Shepherd's Center Central**—*Coming of Age*: 46 people enrolled in *Explore Your Future* – a hands-on workshop that empowers individuals to create their own rewarding vision for the future.

## **New Programs!**

This year we started the *Senior Companion Program*, offered through **Shepherd's Center Central**. The companion helps older adults maintain their independence in their own homes by assisting with daily living tasks



and providing friendship. *Betty fell and crushed her hip* several years ago and now uses a wheelchair. When the Companion and the senior met, they were surprised and thrilled that the two already knew each other from the senior center but had lost touch. They enjoy sitting outside, playing games, and cooking together.

Through the wonders of technology, the **Senior Learning Network**, in partnership with **CCSS** brings live programs directly over the internet to three sites: **Gladstone Parks and Recreation**, **Liberty Silver Center**, and **Northland Shepherd's Center**. Participants have heard presentations from the Philadelphia Opera, Country Music Hall of Fame, the Roosevelt Library, and have interacted with authors and historians.

## North Kansas City Schools Senior Tax Exchange Program (STEP)- an intergenerational program

The **Senior Tax Exchange Program (STEP)** is an employment opportunity for older adults to assist students in the classroom and apply their earnings toward payment of property taxes. **CCSS'** funding hired ten new **STEP** employees. The work is very meaningful and many of the **STEP** participants continue to volunteer beyond their maximum paid hours.

## **Leadership:**

Kansas City Communities for All Ages is an initiative of the



Mid-America Regional Council (MARC). The vision is "a Kansas City region of vibrant communities, building on the strengths and serving the needs of individuals of all ages." CCSS' Board Chairman Bob Steinkamp and Executive Director Tina Uridge, serve on the Advisory Board.



**CCSS** has provided the leadership to organize the annual *Missouri Senior Services Tax Fund* meeting. Celebrating our 10th year of meeting with other

counties that have the senior tax, we created a vision

statement: "Missouri communities continue to thrive because of a vibrant senior population." Counties continue to share information on passing the senior tax, board governance, and new ideas for senior service programs.





A priority for the Senior Falls Prevention Coalition of Clay and Platte Counties is partnering with health care providers and hospitals to distribute the CDC's STEADI (Stopping Elderly Accidents, Deaths, and Injuries) toolkit and to

inform providers of the falls prevention programs and resources in our area. Together we can raise awareness to prevent falls!

**CCSS** staff have been long-standing, active members of the **Northland Community Services Coalition (NCSC)**, which is dedicated to improving the quality of life for those who require community assistance. NCSC hosts and updates the **Northland Human Resources Directory** which can be found at **northlandhumanservices.org**.

#### Thanks to the following partner agencies:

Assisted Transportation

Barr Private Care

Catholic Charities

City of Excelsior Springs

City of Gladstone Community Center

City of Kansas City, Missouri Community Center North

City of Liberty

City of North Kansas City Community Center

City of Smithville

Clay County Government

Clay County Public Health Center

Excelsior Springs Area Career Center

Good Samaritan Center

Integrity Home Care

Kansas City Art Institute

KC Communities for all Ages

Kearney Senior Center

Kearney Enrichment Council

Metropolitan Community Colleges Maple Woods

Mid-America Regional Council

North Kansas City Hospital

North Kansas City School District Northland Career Center

Northland Meals on Wheels

Northland Neighborhoods, Inc.

Northland Shepherd's Center

OATS, Inc.

Park Hill School District

Philips Lifeline Systems

Rebuilding Together Clay County

Saint Luke's Northland Hospital—SHAPE Fitness

Senior Falls Prevention Coalition of Clay and Platte Counties

Senior Link

Shepherd's Center Central

Smithville Senior Center

Spelman Medical Foundation

Tiffany In-Home Services

Tri-County Mental Health Center

University of Kansas Osher Lifelong Learning Institute

University of Missouri Clay County Extension Center

YMCA Vivion Road

#### Thank you for your service!

Our board members that retired in 2014 brought valuable experience and talent and each made significant contributions to the success of CCSS. We appreciate and thank them for their service!



Jim Nelson Board 2008-2014



Bill Randles Board 2014



## 500 older adults expanded

their brain capacity by taking advantage of education scholarships.

**2000** savvy people signed up for our bi-monthly E-newsletter.





avid lifelong learners registered for Osher Institute courses.

rides were provided to seniors for medical appointments.





in their homes with a personal emergency response system.



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(816) 455-4800 www.claycoseniors.org



#### **Our Vision:**

Clay County is a community that values productive, healthy living.

#### **Our Mission:**

Clay County Senior Services will support and value the well-being of our senior adults by serving as the resource delivery agency and by providing a broad range of services to promote wellness-physical, emotional, and intellectual.

The board of directors and staff will accomplish this through responsible management, advocacy, and collaboration, thereby improving the quality of life of our seniors.

#### **Our Core Values:**

- Honor, value, and respect all
- Levy fund stewardship and accountability
- Innovative programming
- Integrity and excellence



Dancers at Liberty Silver Center