Our Vision:
Clay County is a community that values productive, healthy living for all of its citizens. During the past year, Clay County Senior Services was involved with many activities and developed new initiatives that support our vision.

The number of citizens in our county with obesity and diabetes continues to increase at an alarming rate. In response to this increase, Clay County Senior Services continues to create, implement, and sustain programs that will delay or prevent the onset of chronic diseases. In 2013, Clay County Senior Services launched a new wellness initiative called “Move It!” This program is expected to increase the number of older adults participating in exercise by providing safe, accessible, and affordable opportunities for exercise. As a result of this program, we developed and offered an exercise program to approximately 3,288 older adults across the county. The program was so successful, that we are continuing this initiative in 2014.

Clay County’s area senior centers provide an important focal point for our communities. With our funding, a partnership between the Smithville Senior Center and the City of Smithville was formed. As a result of this partnership, a city building was renovated specifically for the seniors to enjoy enrichment activities and a noon meal.

We also partnered with the City of Liberty to purchase a new bus for their senior transportation program. Several city officials and grateful seniors made a special visit to our office to say “thank you.”

On behalf of our board and staff, we thank the Clay County Commissioners for their support and our community partners who are working hard to make Clay County the best place to enjoy your senior years.

Sincerely,
Robert Steinkamp
Board Chairman

BOARD & STAFF

2014 Board Staff

BACK ROW:
Robert Steinkamp, Chair
Bill Dane
MIDDLE ROW:
Michael Maher, Vice Chair
Jim Nelson
Bill Randles
FRONT ROW:
Melissa Wilson, Treasurer
Edward O’Herin, Secretary
Tina Uridge, Executive Director
Tammy Gillispie, Office Coordinator
William Villeneuve, Treasurer
Edward O’Herin, Secretary
Tina Uridge, Executive Director

2013 ANNUAL REPORT TO THE CITIZENS OF CLAY COUNTY

Our Mission:
Clay County Senior Services will support and value the well-being of our senior adults by providing a broad range of services to promote wellness—physical, emotional, and intellectual.

The board of directors and staff will accomplish this through responsible management, advocacy, and collaboration, thereby improving the quality of life for our seniors.

Our Core Values:
- Honor, value, and respect all
- Loyalty, trustworthiness, and accountability
- Innovative programming
- Integrity and excellence
**Clay County Senior Services** distributed information to 46,000 seniors in 2013. A Wellness Initiative for all fitness levels. The goal of this initiative was to educate seniors on the benefits of exercise and to provide funds to four community facilities to develop programs for seniors moving. As a result, approximately 250 seniors began exercising in regular workouts.

A grant to the Clay County Public Health Center supports the Matter of Balance program and PEPPi (Peer Exercise Program Promotes Independence).

**Grants and Partnerships**

A partnership between the City of Streamwood and CASS resulted in the renovation of an existing city building as the new senior center. Located downtown, the new Streamwood Senior Center ran separate approximately 20 clinics and classes to older adults and provide a permanent facility where they can socialize while enjoying a meal or other activities.

CCSS also partnered with the City of Liberty by providing funds to purchase a new van for their Access Transportation program.

Clay County, the number of visits that take the responsibility of dependent children is increasing. CCSS is pivotal to the University of Missouri Extension - Clay County and the Northwest SeniorCare Program for providing training, care management, and facilitating support groups to over 50 families.

*Senior Volunteer Advocate Program.* This program administrating through The Good Samaritan Center provided outreach to over 200 seniors in northern Clay County through home visits, care management, information and resources, and a helping hand when needed. Many of the seniors do not have family close by to assist them, so they need the help. With the vacationer advocate visiting with them, they felt happy knowing who was looking out for them when needed.

**2013 HIGHLIGHTS**

**one million dollars**

$1,125,119 in benefits and financial assistance through the Link-AGE program.

**6100** rides were provided to seniors for medical appointments.

**2200** seniors took advantage of exercise scholarships.

**522** seniors participated in the MOB and PEPPi programs; 37 new coaches were trained.

**204** home repair projects were completed.

**4100** informational requests were answered by phone, email, and at health fairs.

**478** older adults learned something new with the help of community partner educational discounts.

**275** avid learners attended classes through our partnership with Osher Lifelong Learning.

**968** seniors feel safer in their homes with a personal emergency response system.

**1000** Files of Life were distributed throughout Clay County.

**2013 HIGHLIGHTS**

**Clay County Senior Services** (CCSS) delivered notable programs to 6100 seniors in 2013. A Wellness Initiative for all fitness levels. The goal of this initiative was to educate seniors on the benefits of exercise and to provide funds to four community facilities to develop programs for seniors moving. As a result, approximately 250 seniors began exercising in regular workouts. A grant to the Clay County Public Health Center supports the Matter of Balance program and PEPPi (Peer Exercise Program Promotes Independence).

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